
THE SCARLET AND WHITE

Written by : La Salle High School Newspaper Team

MINTS AND MIDTERMS

By Ethan Riesenbeck

With Christmas break right around the corner, there stands just one thing between us and a much-wanted two-week sabbatical: midterm exams. Exams can feel quite stressful at times. Studying tons of information on various different subjects may seem impossible, but it can be accomplished with the proper preparation. Here are a few tips and tricks to use when preparing for your midterms:

1 Start studying now

Students typically begin to prepare for their exams only a few days before the day they take the test, and that may work for some people, but not everybody. The only way to ensure success is to begin studying now. This method gives you much more time to break up your studying so that you do not have to cram everything in the night before. Trying to cram information in a short period of time is ineffective and you are much less likely to actually retain any of the material you studied using the cram method.

2 Study for short periods of time

Research has shown that studying for hours can be proven to be ineffective for students because they become tired and start to pay less attention to what they are studying as time goes on, giving them less of a chance to remember what they learned. One method to use is the 20 minutes on/10 minutes off method. With this strategy, one spends 20 minutes studying. After the twenty minutes have passed, they will then spend 10 minutes engaging in leisure activities. These 10 minutes are meant to give the brain a break so that it can refocus when the cycle restarts.



3 Study with friends

Studying with a small group can be beneficial because it gives everyone the opportunity to quiz each other on the material they are studying. Quizzing one another can even promote a bit of friendly competition to see who can get the most questions answered correctly!

4 Eat mints

It may sound odd, but eating a mint or chewing gum has been proven to naturally boost memory and concentration. On the day of the exam, you should eat a mint before you go to take the test. Your brain will automatically connect the smell of peppermint to the smell of the peppermint you were eating while you studied. Because of this, your brain will also be able to better recall the information you were studying while you were eating the mint.

5 Get a good night's sleep

Getting sleep is just as important as studying. The night before an exam should be spent resting, not staying up late studying or doing other activities. Being well-rested is important because it allows you to stay alert and focused the next day during your exams.

WHAT'S HAPPENING WITH TWITTER?

By Aiden Scheibenzuber

If you don't already know, Elon Musk has bought twitter and with Elon's purchase, havoc was unveiled. Lots of chaos with Elon Musk has happened over the past couple of weeks. What kind of things have happened and how does this affect us? How does this affect other people?

In the first week, Elon has laid off half of the company's staff. In the following week, some management at Twitter have just left without being fired. Elon Musk has recently stated, "If you can physically make it to an office and you don't show up, resignation accepted." Twitter Blue is a paid subscription of \$7.99 per-month, you get a blue check mark that verifies your account. The blue check mark was previously reserved for verified accounts of politicians, famous personalities, journalists and other public figures. But a subscription option, open to anyone prepared to pay, was rolled out to help Twitter grow revenue as Musk fights to retain advertisers. This has recently been used to make fake profiles of famous people, and companies making confusion. Recently, a fake account with a blue check, @EliLillyandCo, tweeted "We are excited to announce insulin is free now," With this announcement, it had fallen 2.2% in morning trades all because of a fake tweet. It seems twitter blue has achieved the wrong result. Musk will be relaunching the blue program on November 29th. Ever since Elon bought Twitter, it has been on a downfall. According to Musk, Twitter might go bankrupt and the rest of the staff at Twitter might not have a job soon. Without people buying twitter blue, the company will go bankrupt. Who knows what will happen next?



THE WORLD CUP IN QATAR

By Owen Strickler

This past month the 22nd Men's World Cup kicked off in Qatar. The eyes of the world turned to the Middle Eastern country as 32 national teams met in the biggest sporting event on the planet. Before the World Cup had even started it was full of intriguing storylines. The U.S. Men's National Team made the World Cup for the first time since 2014. Other powerhouse teams returned, like Brazil having qualified for every World Cup, and other countries returning for the first time in a while, like Wales making their first appearance since 1958. Several teams came into the competition as clear favorites to make a run at the championship, like the defending champs France, Brazil, and Argentina. There were underdogs and some dark horses, like the U.S., Senegal, and Croatia. Some of the world's biggest stars, like Lionel Messi, Cristiano Ronaldo, and Neymar, came to represent their countries and try to win a World Cup.

The World Cup kicked off on November 20th with a match between the host country Qatar and Ecuador. Ecuador won by a score of 2-0, making Qatar the first host country to lose their opening match in World Cup history. What has followed that opening match in the past couple of weeks has been nothing short of crazy. Saudi Arabia pulled off a major upset against Argentina. Iranian players refused to sing their national anthem to protest the human rights crisis in their home country. FIFA did not allow teams to wear armbands protesting Qatar's treatment of members of the LGBTQ+ community. Brazil's superstar Neymar suffered a nasty ankle injury that held him out of the rest of the group stage. Ecuadorian fans chanting to be served beer while watching their team dominate the host nation.

A dominant 7-0 performance by Spain to beat Costa Rica. The United States Soccer Federation altering the Iranian flag ahead of their match. Christian Pulisic sacrificing his sensitive body parts to put the United States through to the knockout stages. This World Cup has had a bit of everything so far. And with the group stage wrapping up on December 2nd, the action seems to just be starting.

The United States punched their ticket to the knockout rounds with a 1-0 win over Iran, behind the aforementioned Pulisic heroics. They will take on the Netherlands on Saturday as they try to move one step closer to winning the World Cup. The second youngest team in the tournament has impressed many people so far. After a 1-1 draw with Wales, the U.S. went toe to toe with a much more experienced England squad and drew a tie when many thought they would lose. Heading into the third and final match of group play, they needed a win to stay alive in the tournament. Christian Pulisic, or "Captain America" as he is better known, delivered a huge goal for his country at great personal suffering to win the match. While scoring the goal, he received a (for lack of a better phrase) cup check from the knee of the Iranian goalkeeper. His status for Saturday's match is still up in the air but the team remains hopeful that the star will play. Other notable teams who have advanced to the knockout stages include defending World Cup champions France, the Messi led Argentinian squad, and England.



As of November 30th, six spots are still open in the knockout stages. Several huge matchups will close out the group stage, featuring Croatia, Spain, and Germany as they try to advance. Heading into the knockout stages, several more storylines have emerged. Will Neymar be healthy enough to play for Brazil? How far can Messi and Ronaldo get in what will most likely be their final World Cups? Will Christian Pulisic be able to have kids? Can the U.S. continue to win as the underdog? Who will be crowned as the best team in the world? Tune in on Saturday at 10am to cheer on the U.S. team as they take on the Netherlands and begin to find the answers to all of these questions.

BLACK PANTHER: WAKANDA FOREVER

By Peyton Broering

A lot has changed since the first Black Panther movie hit the theaters in 2018. The most tragic and impactful change of the movie was the death of Chadwick Boseman. Chadwick Boseman died on August 28, 2020 from colon cancer which he was suffering from while filming some Marvel films. Despite these terrible circumstances, Marvel did a great job producing an emotional movie with just as much action and character building as the last movie.



The movie starts off with the funeral for King T'Challa, The Black Panther, which had my whole theater in silence honoring the death of the beloved actor. This opening sequence set the tone for the rest of the movie showing what can happen when a unifying leader suddenly dies. Due to the death of Black Panther, the United States and other major governments have started to explore areas to find vibranium, which is plentiful in Wakanda. Wakanda is the country where the Black Panther protects and serves all of his people.



The king of Talokan, who goes by Namor is a demigod with pointy ears and wings on his ankles. Namor decides to attack Wakanda because they have a person who poses a threat to the secret city of Talokan. Namor is filled with rage throughout the whole movie and threatens to kill and take over all of Wakanda. Shuri, T'Challa's brother, decides to take the throne of Wakanda to protect the culture, the city, and the people. The Black Panther and Namor go head to head to decide the fate of their people. This movie is an emotional rollercoaster which honors Chadwick Boseman and the legacy of the Black Panther.

STRANGE NEWS

By Ben Even

In a small village in Thailand, a Buddhist temple is now empty as all of its monks were defrocked for testing positive for meth. The behavior and personality of the monks are what gave them away as drug users. The people of the village tipped off the Sherriff, telling him to check the temples. This is not the first time Buddhist monks were caught with meth, in 2017, 4 million pills were seized from a Buddhist monastery, and a Buddhist monk was caught selling meth to children.



LASALLE WINTER SPORTS

By Andrew Childers

As fall sports come to a close, we usher in an exciting array of winter sports! This winter you can participate in Basketball, Indoor Track and Field, Bowling, and Wrestling. Starting off, bowling season just began, so it's not too late to dip your toes in the water there. The bowling team is always looking for new members! Senior Weston Rullman says, "Bowling is a great time to get to play a sport and hang out with your friends!"



Basketball had its season opener this week and the freshman came out strong with a solid win. Varsity fought a good fight, but fell short to Fairfield.

Indoor track and field is coming up. You won't want to miss the opportunity to participate in 13 different events! You will get the chance to go to The Ohio State University, Wittenberg University, Mount Saint Joseph, and Cedarville University!

Following the great success of last year's season, wrestling is back to win some more! The first event is on December 3, so don't miss this opportunity!



MR. NICK JARRELL
PEYTON BROERING
BEN EVEN
WILLIAM GAVIN
LEROY HODGE
ETHAN RIESENBECK
ISAIAH ROMAN
OWEN STRICKLER

ANDREW CHILDERS
LIAM ECKHOFF
BENJAMIN ONEY
DREW RIESENBECK
WESTON RULLMAN
AIDEN SCHEIBENZUBER
LIAM VENIA