



LA SALLE HIGH SCHOOL

A Catholic High School In The Lasallian Tradition

EXEMPTION TO THE PHYSICAL EDUCATION GRADUATION REQUIREMENT

To Students and Parents of La Salle High School class of 2026:

Please look over the information and indicate the desire to be waived from Physical Education courses by completing the attached Physical Education Waiver Form and returning it to your son's counselor

At La Salle High School, this graduation requirement for Physical Education is met when

1. A student completes two semester PE courses, each worth a quarter credit or a full year course worth a half a credit.
OR
2. A student uses a PE waiver by successfully completing two full seasons of recognized school activities as outlined below.

Students must notify La Salle High School of their intent to use the PE waiver prior to participation in two seasons of recognized activities to fulfill waiver requirements. Prior participation in recognized activities cannot be retroactively used to fulfill waiver requirements.

According to Ohio Revised Code, boards of education, students may NOT receive partial completion of the high school PE requirement. For example, it is not possible to combine one semester of a PE course with successful completion of one athletic or marching band season to meet the PE graduation requirement.

Finally, utilizing the PE waiver is voluntary. You may choose to take PE courses even if you participate in recognized schools activities and are eligible for the waiver.

IMPACT ON OVERALL GRADUATION REQUIREMENTS

Those students excused from the high school PE graduation requirement are required to complete one half unit, consisting of at least 60 hours of instruction, in another course of study, as determined by the student and parent in conjunction with school policy.

Please note that students will not earn a grade or credit when utilizing the PE waiver. Those students utilizing the PE waiver are still required to meet all other graduation requirements established by La Salle High School including the completion of 25 credits required for graduation.

RECOGNIZED ACTIVITIES

La Salle High School recognizes that "Two Full Seasons" of appropriate participation in the following activities may be used to satisfy PE waiver requirements: Baseball, Color Guard, Basketball, Cross Country, Swimming, Marching Band, Football, Tennis, Bowling, Golf, Track, Lacrosse, Volleyball, Soccer and Wrestling. The two seasons do not need to be of the same activity of sport.

****Intramural sports or other club/non-Ohio Sanctioned Interscholastic Sports will not be approved****

PROCESS FOR PHYSICAL EDUCATION EXEMPTION

Parent and Student indicate the desire to be waived from Physical Education courses by completing the attached Physical Education Waiver Form and returning it to your son's counselor at the course scheduling meeting.

****Please note that if a Physical Education Waiver Form is not returned to the counselor, the student will be scheduled to take Physical Education.****



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PHYSICAL EDUCATION WAIVER FORM

Student Last Name (PRINT)

Student First Name (PRINT)

Student ID #

Please indicate the Sport/Activity and year(s) intended to be utilized for the PE Waiver

Sport/Activity

Year of Activity

Sport/Activity

Year of Activity

In making this request for exemption from physical education as a graduation requirement, I understand all expectations related to the "Two Full Season" requirement.

Student Signature

Date

Parent/Guardian Signature

Date